ISWAN - INDIA SEMINAR 2025

Attract, Retain, Sustain – Supporting the wellbeing of seafarers and their families

ISWAN in India is hosting a half-day seminar in Mumbai on 17th December 2025 under the theme "Attract, Retain, Sustain: Supporting the Wellbeing of Seafarers and their Families." The event will bring together seafarers, cadets, families, companies, and training institutes to address challenges faced by young cadets, explore standardised induction practices, and strengthen family engagement to improve retention.

The event will also highlight ISWAN's latest initiatives and workshops aimed at enhancing the wellbeing of seafarers, families, and shore staff.

📍 *Venue: Bharat Ratnam- Mega CFC, Andheri East, Mumbai*
🕐 *Time: Starting at 1330 hrs (IST)*

Time	Activity
13:30 - 14:00	**Registration**
14:00 - 14:40	**Welcome address, Setting the scene, Address by dignitaries**
14:40 - 15:00	**Launch of ISWAN's SEAS initiative, designed to support final year cadets and fresh seafarers in their transition to life at sea.** **Launch of ISWAN's new workshop for shore staff, *Together in Care: Enhancing the Wellbeing of Seafarers, Families, and Shore Staff*.** **Launch of '*Sailing Together: A Family Handbook to Support Seafarers at Sea and Ashore*'**
15:00 - 15:35	**Charting the course- Seafarers' Voices**
15:35 - 16:35	**Panel 1- First Voyage, Firm Foundations: Strengthening induction to secure retention**
16:35 - 17:35	**Panel 2- Support Ashore: Emotional strength at sea and home**
17:35 - 17:45	**Vote of Thanks**
17:45	**High Tea**

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